

Road Safety Interactive Shuttle

The RSA mobile interactive road safety shuttle is designed to compliment the road safety programmes in primary and secondary schools. The Shuttle is also available to festivals, exhibitions and college campuses throughout the country.

A fully interactive, educational road safety experience;

- A fully equipped presentation area, with lectern, projector, screen and seating for an audience of 25 people;
- A driving simulator enclosed in a specially designed pod
- A motorbike simulator
- Bicycle simulators
- Brake Reaction Timers
- 6 x Computers equipped where students can take a mock Driver Theory Test, questionnaires, interactive games and the RSA website.
- Exhibition areas to promote 'themed' road safety issues
- 2 Plasma screens showing a series of road safety advertisements and road safety programming.

For further information refer to www.rsa.ie



Mobility Matters

– Road safety programme for seniors

Mobility Matters is an awareness programme on road safety for seniors which is made up of a resource pack and accompanying DVD. The programme deals with the following topics of information:

- Legal obligations
- Buying a car
- Keeping your car in good condition
- Driving safely: knowing what is happening around you
- Safety belts and child restraints
- Medical conditions
- Medicines, driver fatigue and driving
- Healthy living and driving
- Planning for change and staying mobile
- Planning for the future

The programme is delivered over a two hour workshop. Sessions are highly interactive and activity based. A purpose built DVD has been designed to accompany the programme.

The RSA can run a training programme for trainers involved in older groups such as Active Retirement Ireland.

Participants will be expected to deliver the programme to community groups locally. Participants will receive a training pack, DVD and a certificate.

If you are interested in this training or require further information please contact Angela Teahan, Road Safety Promotion Officer, RSA at 096 25050 email angelateahan@rsa.ie

Play it Safe

“Sporting Guidelines for Sporting Organisations”

Play it Safe was developed by the RSA in association with the FAI, IRFU, GAA and Cycling Ireland. It presents information on organising sporting events with road safety in mind, encouraging the use of high visibility clothing, safe driving practices and other important guidelines relating to road safety. Through the provision of these guidelines the RSA will assist all relevant personnel in sporting organisations with information on how to be road safety aware when organising sporting activities or travelling to and from sporting events.

To download a copy visit www.rsa.ie



Become a Voluntary Road Safety Ambassador, teaching other people about road safety with 'Protecting Our Community- A Call to Action'

'Protecting Our Community- A Call to Action' is an awareness programme on road safety for adults which is made up of a resource pack and accompanying DVD. It is based on the Rules of the Road and aims to change the attitudes and behaviour of pedestrians, cyclists, motorcyclists and drivers.

Core Topics covered include:

- Speed and speeding
- Road user impairment
- Unsafe behaviour towards or by vulnerable road users
- Safety belts, child restraints and safety on buses
- The emergency services.

Each topic is presented as a thirty minute 'session plan' which can be delivered to community groups. Sessions are highly interactive and activity based. A purpose built DVD has been designed to accompany the programme.

The RSA can run a training programme for people interested in delivering 'Protecting Our Community- A Call to Action!' in your county. This training is aimed at people who work with community groups in a professional or a voluntary capacity. The training takes place over two evenings to facilitate volunteers. Participants will be expected to deliver the programme to community groups locally. Participants will receive a training pack, DVD and a certificate.

If you are interested in this training or require further information please contact Jenny McLoughlin, Road Safety Promotion Officer, RSA at 096 25002 email jennymcloughlin@rsa.ie



The Road Safety Authority's (RSA) policy is to deliver road user education and awareness in a cumulative approach up to third level.

This newsletter gives details of the resources available to teachers to promote road safety in primary and post primary schools. These resources were developed as part of the primary and second level curriculum. Please note that in addition to these curriculum based resources, the RSA has also developed additional educational resources which are also outlined in this newsletter and include resources for pre schools, third level colleges and community. The RSA has also developed information based leaflets on road safety which are available to schools on request.

All educational resources have been circulated directly to schools unless otherwise stated. Please visit the RSA website to download leaflets www.rsa.ie

PRIMARY SCHOOL ROAD SAFETY RESOURCES

'BE SAFE' (AIMED AT CHILDREN AGED 5 – 12)

'Be Safe' is an activity based resource pack on road safety, fire safety and water safety which was developed for primary schools. It is also available in Irish. It was updated in 2009 by the RSA, the Department of Environment, Heritage and Local Government and Irish Water Safety. With materials aimed at children from Infants to Sixth class, it was developed specifically as part of the SPHE (Social, Personal and Health Education) curriculum and is relevant to the SPHE Strand, 'Myself' which addresses Safety and Protection, Personal Safety, Safety Issues and Making Decisions. 'Be Safe' was developed in association with practising teachers. The lesson plans are immediately accessible to both teachers and children. Each topic is first introduced with age appropriate information which is then explored and developed through class discussion, activities and worksheets. Themes are developed in an age-appropriate manner in the different modules, building on the information and activities in earlier lessons and helping the children to be better informed, aware and more responsible citizens. Within the road safety module, the themes are:

Walking, Cycling, Transport



CHILD SAFETY IN CARS

The RSA provides for education measures at pre-primary level including programmes for expectant parents and pre-school children. The RSA has a dedicated Child Safety in Cars website where you can read the 'Child Safety in Cars' booklet, watch the 'Child Safety in Cars' DVD and order your own personal copy of each. Refer to www.rsa.ie/childsafetyincars

In addition, the RSA provides parents with an

Streetsmart



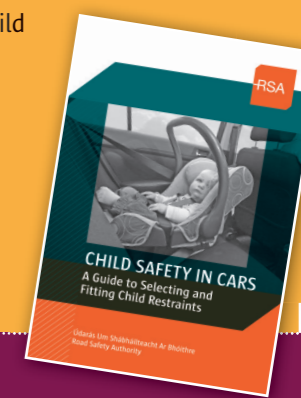
'Streetsmart' is a road safety intervention aimed to bring road safety to life in a fun way for young school children.

The central prop is a 'Streetscape' map which is a typical street scene designed for children aged between 4 and 8. Children are given 'walking cars' and 'stand up bikes' and taught how to use the road safely. The Streetscape can be set up in the school hall. RSA staff will liaise with teachers beforehand to determine the best activities to offer to students.

Streetscape is supported by the RSA's custom-designed, high tech road safety, unit, the 'Shuttle' which includes a dedicated area for children. Children can participate in a range of activities such as storytelling, road safety games and an interactive road safety question and answer session. Activities are facilitated by RSA staff and teachers.

For further information on 'Streetscape' and the road safety interactive shuttle, please see the 'community' section of this newsletter or refer to www.rsa.ie.

opportunity to have their child safety seats professionally checked and any errors in installation corrected, free of charge by Child Car Seat Installation Experts during the 'Check it Fits' roadshow campaign.



For further information on any of these school road safety resources please contact:

Jenny McLoughlin, Road Safety Promotion Officer, Tel: 096 25002 Email: jennymcloughlin@rsa.ie or Angela Teahan, Road Safety Promotion Officer, Tel: 096 25050 Email: angelateahan@rsa.ie

SEATBELT SHERIFF & HI-GLO SILVER

(AIMED AT CHILDREN AGED 7-9)

Seatbelt Sheriff is aimed at primary school children in 1st class and is a fun way to get children involved in saving lives. Children become **Seatbelt Sheriffs** by taking a pledge to always wear their safety belt and also make sure that everyone else in the car is buckled up. They are given a sheriff's badge plus a certificate, which shows that they are authorised to instruct all passengers and drivers to 'Buckle Up' in any vehicle they are travelling in. **Seatbelt Sheriffs** can also take part in a school competition. There is one overall national prize-winner. For the top prize, the school will receive a significant cash contribution towards a class day out and the winning students will have their poster published in a national newspaper. Additionally, **'Hi-Glo Silver'** was introduced to help **'Seatbelt Sheriff'** with his duties. He is Seatbelt Sheriff's horse and his message is one of visibility. He encourages children to remind their parents that they should wear high-visibility jackets or belts

when out walking. **Hi-Glo Silver** will be sent to children in 2nd class who have received the **Seatbelt Sheriff's** message in the previous year. He brings the message of high visibility through a number of fun educational messages including a free arm band for each child, compliments of the RSA. A website was developed for schools and teachers: www.seatbeltsheriff.ie

A Seatbelt Sheriff pack is sent directly to schools each year when the competition commences.



"LET'S GO"

- ROAD SAFETY GUIDELINES FOR PRIMARY AND SECONDARY SCHOOLS

The RSA developed the resource "Let's Go, road safety guidelines for primary and secondary schools. These guidelines provide teachers with information on how to be road safety aware when organising or travelling to and from school events. To download a copy visit www.rsa.ie.

STREETWISE

Streetwise is an activity based interactive Road Safety Educational Resource for the Junior Certificate Programme under the curriculum subject CSPE (Civic, Social and Political Education).

Streetwise is designed in lesson plan format so that a teacher can pick up the resource and commence the programme immediately. It is an extremely easy to follow resource and the students are actively engaged in each lesson. The resource comes in different formats and thus allows teachers great flexibility in helping students assimilate the course contents with ease. It is produced in CD-ROM format and the resource can also be photocopied for students' individual/group activities.

The module can be run over 12 weeks. The following lessons are covered:

- | | |
|----------------------------------|---|
| Lesson 1 Pedestrians | Lesson 6 Hazard Perception |
| Lesson 2 Cyclists | Lesson 7 Driver Fatigue |
| Lesson 3 Motorcyclists | Lesson 8 Drink Driving |
| Lesson 4 Safety Belts | Lesson 9 Road Safety Engineering |
| Lesson 5 Speed & Speeding | |

All students must complete an action project as part of their Junior Certificate examination.

With each of the above topics we have provided suggestions for these action based projects.



YOUR ROAD TO SAFETY

A Transition Year Programme

This programme encourages active learning and the development of awareness, knowledge, skills and values which will create a foundation for the development of safe road users now and into the future.

The programme is available in 20 hour and 45 hour formats and builds on the active learning approaches of the Transition Year Programme. Both programmes feature inputs from other agencies such as the ambulance service, fire service and An Garda Síochána as well as providing for visiting speakers, projects and case studies. It is supported by digital resources including access to international websites on road safety issues at the RSA Website www.rsa.ie. The programme provides for an introduction to road safety for pedestrians, cyclists, motorcyclists and motorists, and cover such issues as safety belts and airbags, driver fatigue, drink/drug driving, road safety engineering and enforcement, basic first aid at road crashes, emergency services and rehabilitation, licensing and insurance issues, the NCT, purchasing a car and driving abroad. Relevant Driver Theory Test learning will be included at the end of each module. The programme does not include driving lessons.

The Department of Education and Science and the RSA offers in-service training to schools offering the transition year programme on 'Your Road to Safety'. Interested teachers can participate in an in-service training programme on the resource pack.

If you wish to participate in the future please contact either of our Road Safety Promotion officers.

Please note that all of the above resources have been delivered directly to all schools unless otherwise stated.



ADDITIONAL ROAD SAFETY EDUCATIONAL RESOURCES

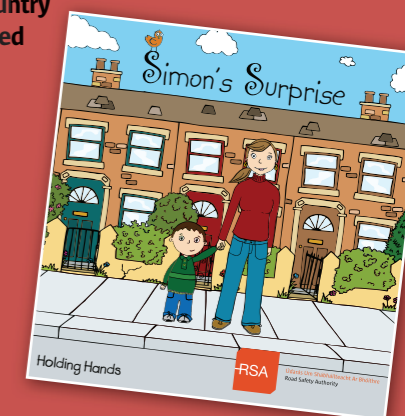
PRESCHOOL

SIMON & FRIENDS' PRESCHOOL PROGRAMME

The RSA has developed a road safety pack which can be used in pre schools through the country called 'Simon and Friends'. The aim of the resource is to promote road safety to children aged five and under in a preschool setting.

The series centres on four characters who promote age appropriate road safety messages to children:

Name of Story	Key Road Safety Message
'Simon's Surprise'	Holding Hands
'Josie's Picnic'	Stopping
'Sara & Sophia's Trip to the Farm'	Look & Listen
'Charlie Goes to a Party'	Setting a Good Example



Each book is beautifully illustrated. At the end of each story there are a number of extension activities which preschool providers can use to prompt other learning experiences with the children.

Stories are also recorded onto a CD Rom which can be played to children in their early year's environment. The CD also contains a number of road safety songs and an interactive computer game targeted at the under 5's. The pack also contains an accompanying teacher's guide called 'Hand in Hand' which includes information about integrating road safety into the pre school sector and contains suggested activities, games and songs which support the 'Simon and Friends' stories. The Teachers Guide, Storybooks and CD are all enclosed in a colourful case.

This programme is available to all pre schools in the country. Please contact your County or City Childcare Committee or the RSA for further information.

THIRD LEVEL

"Safegrads"

third level road safety guidelines (17 to 24-year-olds)

The RSA developed road safety education guidelines aimed at third level education colleges. They provide a structure on which they can build a successful road safety week. The programme includes the road safety interactive shuttle, a fire and ambulance rescue extrication, Garda Síochána Road Show - 'It won't happen to me', road safety campaigns, road safety questions and answers session, road safety table quiz, road safety photography competition, road safety music challenge, and many more events. More information on this programme may be accessed on www.rsa.ie



YOUNG ADULTS

"WRECKED"

"Wrecked" is both an online and offline computer based programme which is targeted at the high risk 17-24 year old age group. It features a series of vodcasts recorded by Irish actors who recount experiences of reckless driving - without showing their faces. The vodcasts are illustrated with high tech animation which demonstrates the key points in each speaker's testimony. 'Wrecked' is accompanied by a 'leaders guide' that includes additional exercises on each of the topics that provides an opportunity for participants to look at themselves and their behaviour in relation to road safety. The vodcasts focus on the themes such as driver distraction, drug driving, road user impairment, living with the effects of a spinal or brain injury, buying and using company cars, driving without insurance, overcrowding in a car, modified cars, driving when using a mobile phone and driver fatigue. The programme is available to students participating in adult education courses such as Fás and Youthreach training programmes. The vodcasts can also be accessed from the website www.wrecked.ie



Useful Links

www.rsa.ie
www.rsa.ie/childsafetyincars
www.rotr.ie

www.3mroadwise.ie
www.seatbeltsherriff.ie
www.brake.org.uk

www.rollercoaster.ie
www.eumom.ie